## IN THE CLAIMS

Please amend the claims as follows:

Claims 1 - 3 (Canceled).

Claim 4 (New): A method of preventing, ameliorating, or treating lesions caused by estrogen deficiency in a subject in need thereof comprising contacting the skin of said subject with a cosmetic composition comprising one or more active ingredients and wherein said active ingredients are selected from the group consisting of:

- (a) a whole plant or a part thereof selected from the group consisting of mulberry bark, ginseng, cucumber, and phellodendron bark;
  - (b) chlorella;
- (c) an aqueous extract or alcohol extract of a plant or part thereof selected from the group consisting of mulberry bark, ginseng, cucumber, and phellodendron bark; and
  - (d) an aqueous extract of chlorella.

Claim 5 (New): The method of Claim 4, wherein said part thereof is selected from the group consisting of leaves, barks, branches, fruit, and roots.

Claim 6 (New): The method of Claim 4, wherein said active ingredient is the root skin of mulberry bark.

Claim 7 (New): The method of Claim 4, wherein said active ingredient is the root for ginseng.

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Claim 8 (New): The method of Claim 4, wherein said active ingredient is the immature fruit for cucumber.

Claim 9 (New): The method of Claim 4, wherein said active ingredient is the bark for phellodendron bark.

Claim 10 (New): The method of Claim 4, wherein said active ingredient is chlorella.

Claim 11 (New): The method of Claim 4, wherein said active ingredient is an alcohol extract of ginseng root and wherein the alcohol used for extraction is ethanol.

Claim 12 (New): The method of Claim 4, wherein said active ingredient is an alcohol extract of the immature fruit of cucumber and wherein the alcohol used for extraction is 1,3-butanediol.

Claim 13 (New): The method of Claim 4, wherein said active ingredient is an alcohol extract of the bark of phellodendron bark and wherein the alcohol used for extraction is ethanol.

Claim 14 (New): The method of Claim 4, wherein said active ingredient is an aqueous extract of chlorella.

Claim 15 (New): The method of Claim 4, wherein the total content of active ingredients with respect to the entire composition on a dry weight basis ranges from 0.00001 to 1 wt%.

Claim 16 (New): The method of Claim 4, wherein the total content of active ingredients with respect to the entire composition on a dry weight basis ranges from 0.0001 to 0.1 wt%.

Claim 17 (New): The method of Claim 4, wherein said subject in need thereof is a human suffering from menopause.

Claim 18 (New): A method of preventing, ameliorating, or treating lesions caused by estrogen deficiency in a subject in need thereof comprising administering to said subject an internal drug composition comprising one or more active ingredients and wherein said active ingredients are selected from the group consisting of:

- (a) a whole plant or a part thereof selected from the group consisting of mulberry bark, ginseng, and phellodendron bark;
  - (b) chlorella;
- (c) an aqueous extract or alcohol extract of a plant or part thereof selected from the group consisting of mulberry bark, ginseng, cucumber, and phellodendron bark; and
  - (d) an aqueous extract of chlorella.

Claim 19 (New): The method of Claim 18, wherein said part thereof is selected from the group consisting of leaves, barks, branches, fruit, and roots.

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Claim 20 (New): The method of Claim 18, wherein said active ingredient is the root skin of mulberry bark.

Claim 21 (New): The method of Claim 18, wherein said active ingredient is the root for ginseng.

Claim 22 (New): The method of Claim 18, wherein said active ingredient is the bark for phellodendron bark.

Claim 23 (New): The method of Claim 18, wherein said active ingredient is chlorella.

Claim 24 (New): The method of Claim 18, wherein said active ingredient is an alcohol extract of ginseng root and wherein the alcohol used for extraction is ethanol.

Claim 25 (New): The method of Claim 18, wherein said active ingredient is an alcohol extract of the immature fruit of cucumber and wherein the alcohol used for extraction is 1,3-butanediol.

Claim 26 (New): The method of Claim 18, wherein said active ingredient is an alcohol extract of the bark of phellodendron bark and wherein the alcohol used for extraction is ethanol.

Claim 27 (New): The method of Claim 18, wherein said active ingredient is an aqueous extract of chlorella.

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Claim 28 (New): The method of Claim 18, wherein the total content of active ingredients with respect to the entire composition on a dry weight basis ranges from 0.00001 to 1 wt%.

Claim 29 (New): The method of Claim 18, wherein the total content of active ingredients with respect to the entire composition on a dry weight basis ranges from 0.0001 to 0.1 wt%.

Claim 30 (New): The method of Claim 18, wherein said subject in need thereof is a human suffering from menopause.

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